

# Posting notes to a Zaptag Personal Health Record

# Zaptag PHR enables people to start building their health picture online.

To Register as a health provider, call our registration team on +44 8456 120510 or email us at ask@zaptag.com We will send you an ID number for easy access. There is no software to buy, no new equipment needed. All you need is a browser. Uploading records is an easy and secure process, using our secure web site which encrypts all communications.

**1. Visit www.medpost.co.uk**  
**Click-New or existing Zaptag account holder**

**2. Enter your provider Zaptag ID**

**3. Enter individuals details**

**4. Select record type**

**5. Create record and attach files**

Date	Category	Description	Author	View	Edit	Delete	Status
01/05/2010	Tests	Test: Brain Scan - Sample Date: 01/05/2010 Clinic: St Marys London Result: As attached	Self				
01/05/2010	Immunisation	Immunisation: Recent Vaccinations Date: 01/05/2010 Clinic: Massa Expiry / Renewal: 01/05/2011	Self				
01/07/2010	Consultation	Lug X-ray - Sample - Attached is the X-ray post	Self				
01/07/2010	Tests	Test: Retinal Scans - Spec Saver - Sample Date: 01/07/2010 Clinic: Spec Saver Result: As per retinal Scans	Self				
01/07/2010	Notes	World Cup Travel Advice - World Health Organisation, travel health for South Africa	Self				

**6. Record appears in the individuals Zaptag Personal Health Record, which can be shared with trusted health professionals.**

Zaptag – Online Personal Health Record Solutions - Contact +44 8456 120510

Use of the Zaptag Personal Health record is subject to the Terms and Conditions found at www.zaptag.com

The security and privacy of patient information is our highest priority. Our Privacy and Security policy can be found at www.zaptag.com